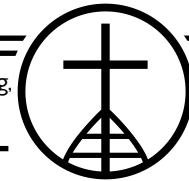


# PULPIT CURRICULUM

## The ABC's of Endurance

Hebrews 12:1-3

February 4, 2024 – Jeremy Vuolo



**Prayer & Praise:** For the Global Outreach trip to Romania this week. For the 30 pastors attending, the ECM team hosting, and HBC team equipping in the Word.

Jeremy shared that the message of Hebrews is “Jesus is better” and that motivates us to “keep going.” Why is that such an important message for us to meditate on a regular basis?

Have you thought about the Christian life as an endurance race? What aspects of running are helpful parallels?

Read Hebrews 10:32-35. How is remembering the early & zealous days of our faith helpful for us in the present?

Faith: knowing the truth of God & agreeing to what it says about Him, yourself, and Christ; and then believing in your heart that you need forgiveness from Him in Christ. When you share the gospel with others, do you keep it a simple message for the person you are witnessing to? How do we sometimes tend to complicate it?

We're to abandon whatever might slow us down in the race of faith, both the sins we are well aware of and the encumbrances that are easy to miss. Why is it dangerous to think lightly of a “small” or “pet” sin?

We're called to be patient in our endurance with Jesus Christ as our example. What parts of Christ's endurance encourage and strengthen your faith the most? What impresses you the most of how Jesus endured?

**Mutual Ministry:** Think back to the first point of application – ‘abandon weights & sin’. Is there a specific sin that is slowing you down? What about something appears harmless but still slows you down by way of distraction?

*God uses the encouragement of the Scriptures, the hope of our ultimate salvation in glory,  
and the trials that He either sends or allows to produce endurance.*

**Jerry Bridges**